

# FIRM FOUNDATIONS

## January 2022

\*Menu is subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3 Hot Dog</b> Chips Vegetable Fruit	<b>4 Spaghetti</b> Roll Vegetable Fruit	<b>5 Soft Tacos</b> Vegetable Fruit GoGurt	<b>6 Chicken Sandwich</b> Mashed Potatoes Vegetable Fruit	<b>7 Pizza</b> Vegetable Fruit Vanilla Pudding
<b>10 Cheeseburger</b> Chips Vegetable Fruit	<b>11 Mac &amp; Cheese</b> Roll Vegetable Fruit	<b>12 Sloppy Sliders</b> Vegetable Fruit GoGurt	<b>13 Chicken Nuggets</b> Mashed Potatoes Vegetable Fruit	<b>14 Bosco Sticks</b> Vegetable Fruit Vanilla Pudding
<b>17 Hot Dog</b> Chips Vegetable Fruit	<b>18 Spaghetti</b> Roll Vegetable Fruit	<b>19 Soft Tacos</b> Vegetable Fruit GoGurt	<b>20 Chicken Sandwich</b> Mashed Potatoes Vegetable Fruit	<b>21 Pizza</b> Vegetable Fruit Vanilla Pudding
<b>24 Cheeseburger</b> Chips Vegetable Fruit	<b>25 Mac &amp; Cheese</b> Roll Vegetable Fruit	<b>26 Sloppy Sliders</b> Vegetable Fruit GoGurt	<b>27 Chicken Nuggets</b> Mashed Potatoes Vegetable Fruit	<b>28 Bosco Sticks</b> Vegetable Fruit Vanilla Pudding
<b>31 Hot Dog</b> Chips Vegetable Fruit	<b>28 Spaghetti</b> Roll Vegetable Fruit	<b>29 Soft Tacos</b> Vegetable Fruit GoGurt	<b>30 Chicken Sandwich</b> Mashed Potatoes Vegetable Fruit	<b>31 Pizza</b> Vegetable Fruit Vanilla Pudding

<b>Breakfast</b>	Cereal	Blueberry Muffins	Cereal	Blueberry Muffins	Cereal
<b>Snack</b>	Graham Crackers & GoGurt	Goldfish & Apple Juice	Teddy Grahams & Applesauce	Cheese & Crackers	Pretzels & Cheese Stick